



Seniors' Safety Tips

- DON'T travel alone. When you go out, go with a friend or family member.
- DO carry your purse close to your body. You should carry your wallet in an inside coat pocket or your front pants pocket.
- DON'T carry large amounts of cash with you. Never count your money in public.
- DO use direct deposit for any cheque you receive on a regular basis. This eliminates the possibility of your cheques being stolen, and the necessity of visiting the bank to deposit them.
- DON'T sit at the back when taking the bus. Sit near the driver or as close to the front as possible.
- DO trust your instincts. If someone or something makes you uneasy, leave or call the police.
- DON'T hesitate to ask for photo identification from service or delivery people. If you are still unsure, ask for the company phone number to verify.
- DO make sure your house number is clearly visible. Police and emergency vehicles will be able to find your house more quickly in case of emergency.
- DON'T leave an extra set of keys hidden outside.
- DO consider having an alarm system installed for added security.
- DON'T fall victim to scams. If something sounds too good to be true, it probably is.