

# Crime Prevention & Safety for Seniors



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Produced in Partnership with:

**Safe Community Coalition of Brockville and District**  
**Ontario Ministry of Community Safety & Correctional Services**



Ministry of Community Safety  
and Correctional Services



**BROCKVILLE** *Police*

**PHONE BUSTERS™**



# Crime Prevention & Safety – Elder Abuse



## Expect Respect

- É *Research suggests that 4% of Canadian older adults are abused.*
- É *This is nothing to be ashamed of and there is help for older adults.*

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# Crime Prevention & Safety – Elder Abuse



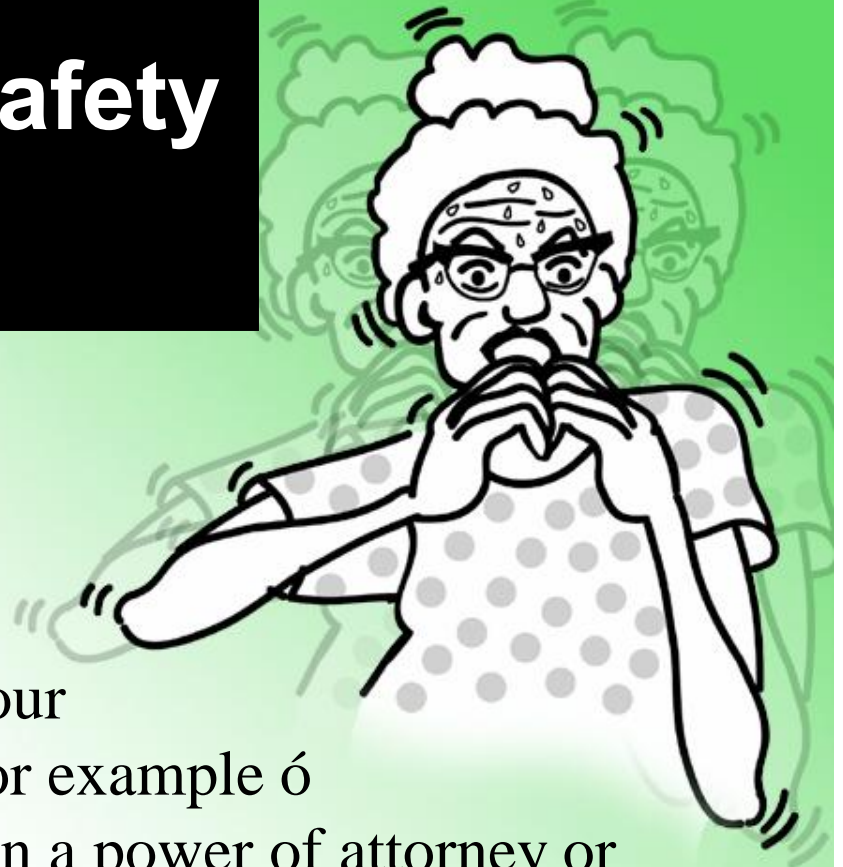
## Types of Abuse

- É Physical ó when somebody hits or handles you roughly.
- É Sexual ó if you are forced into sexual activity including verbal or suggestive behaviour.
- É Psychological ó if somebody threatens or insults you, intimidates you, treats you like a child or does not allow you to see family and friends.

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# Crime Prevention & Safety – Elder Abuse



## Types of Abuse

- É Financial ó if somebody tricks or threatens or persuades you out of your money, property or possessions ó for example ó forcing you to change your will, sign a power of attorney or cash your cheques without your knowledge.
- É Neglect ó when your caregiver or somebody else you trust withholds care, food and/or emotional support

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## Tips for Prevention

- É Stay sociable ó maintain and add to your network of friends.
- É Buddy System ó have a friend outside the home who you can speak with or visit at least once a week.
- É Have your own telephone. Mail and open your own mail.
- É Ensure pension cheques are deposited directly into YOUR bank account.

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## Tips for Prevention

- É Obtain legal advice now regarding possible future disability ó eg ó Power of Attorney
- É Keep accurate records, accounts and lists of property and belongings.
- É Only give up control of your property or assets when you decide you cannot manage them. Involve a lawyer.

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## Tips for Prevention

- É Review your will periodically and do NOT make any changes without discussing it with a trusted family member or friend.
- É Discuss future plans with your lawyer, physician or family members.

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