



The Intergenerational Connection

Intergenerational connections are formed through the participation by both youth and seniors in activities that promote understanding, cooperation and interaction across the generations. These connections are extremely important in bridging the gap between youth and seniors, and in the elimination of the stereotypes and myths surrounding age and the aging process continually strengthened through age segregated activities.

Intergenerational connections help youth in the development of essential and lifelong assets. By participating in activities with seniors, youth experience a boost in self-esteem and confidence continually reinforced by seniors who are seen as positive role models lending a listening ear and providing guidance, wisdom, and knowledge.

The VON Lanark, Leeds & Grenville, in partnerships with Every Kid in Our Communities, Safe Community Coalition, New Horizons and Grenville Community Futures Development Corporation, recognize the importance of the youth ó senior connection and want to help nurture this bond by providing an interactive and engaging workshop for seniors on Wednesday October 26th from 9 am to 3 pm at Cedar Valley Golf Club. This workshop will provide the essential tools to seniors who are interested in imparting their skills onto today's youth. These skills can be anything and everything from fishing, to music, quilting, or even a card game. Whatever it may be, seniors have valuable and unique skills to share with youth who are often eager to learn. This workshop will help seniors to strategize practical ways to communicate with youth through brainstorming and application of skills and talents they wish to share. Everyone will take away with them a tool kit to help in successful achievement of their goals.

If you are interested in participating in this workshop, or would like some more information please give Jessica Coward at the VON Prescott Office 925-3731 or toll free 1-800-465-7646. Space is limited so please RSVP by Friday October 21st, 4:30 pm to reserve your spot. Light lunch and refreshments will be provided.